

AMBERGREEN TOUR OF ULSTER STAGE 3: Monday 1st May 2017, 10:00am
 Event HQ: Moy GAA Clubrooms, Moy
 Route Summary: 70.6 Miles/113.67 Km. 6x 4th cat KOH (7 laps)

Sign On: 8:30-9:30am
 Depart: 9:50am



KM	Miles		Route	Feature	Instruction	Schedule		
	From Start	To Finish				25mph	27mph	30mph
0.00	0.00	71.5	Rollout from Moy GAA clubrooms	Left	Left	09:50	09:50	09:50
1.5	0.90	71.5	Race start, wide concrete lane on the right	Neutralised Section	Ends			
0.0	0.00	70.6	Concrete lane on the right	Race Start	Rolling Start	10:00	10:00	10:00
3.2	2.00	68.6	Dir. Benburb, Derryfubble Road B130	T Junction	Left	10:04	10:04	10:04
6.6	4.10	66.5	2 storey stone house on the right	KOH Benburb	Start	10:09	10:09	10:08
8.1	5.00	65.6		Speed Bumps	Benburb	10:12	10:11	10:10
8.1	5.00	65.6	Dir. Blackwatertown onto Main Street	T Junction	Left	10:12	10:11	10:10
11.1	6.90	63.7		Traffic Islands	Blackwatertown	10:16	10:15	10:13
11.4	7.10	63.5	Dir. Moy, Charlemont Road	Roundabout	1st exit	10:17	10:15	10:14
14.3	8.90	61.7	Dir. Moy, Armagh Road A29	T Junction	Left	10:21	10:19	10:17
14.8	9.20	61.4		Traffic Islands	Charlemont	10:22	10:20	10:18
15.0	9.30	61.3	Dir Moy, Armagh Road A29	Roundabout	1st exit	10:22	10:20	10:18
15.8	9.80	60.8	The Square Moy	Lap 1 Finish	Moy	10:23	10:21	10:19
15.8	9.80	60.8		Top of Hill	KOH - 4th Cat	10:23	10:21	10:19
15.0	9.30	61.3	Dir. Benburb, Gorestown Road	Left	Left	10:22	10:20	10:18
				Traffic Islands				
32.4	20.1	50.5		Lap 2 Finish	Moy	10:48	10:44	10:40
32.4	20.1	50.5		Top of Hill	KOH - 4th Cat	10:48	10:44	10:40
48.9	30.4	40.2		Lap 3 Finish	Moy	11:12	11:07	11:00
48.9	30.4	40.2		Top of Hill	KOH - 4th Cat	11:12	11:07	11:00
65.5	40.7	29.9		Lap 4 Finish	Moy	11:37	11:30	11:21
65.5	40.7	29.9		Top of Hill	KOH - 4th Cat	11:37	11:30	11:21
82.1	51.0	19.6		Lap 5 Finish	Moy	12:02	11:53	11:42
82.1	51.0	19.6		Top of Hill	KOH - 4th Cat	12:02	11:53	11:42
97.1	60.3	10.3		Lap 6 Finish	Moy	12:24	12:14	12:00
97.1	60.3	10.3		Top of Hill	KOH - 4th Cat	12:24	12:14	12:00
113.7	70.6	0	The Square, Moy	Finish Line	Finish	12:49	12:36	12:21