

Victus Tour of Ulster Stage 1 : Saturday 5th May 2018 12:00pm
 Event HQ: Belmont Hotel, Rathfriland Road, Banbridge, BT32 3LH
 Route Summary: 111.8miles/179.9 Km. KOH: Cat 3 x 3, Cat 2 x 1

Sign On: 09:30AM - 10:45AM
 Depart: 11:45 AM



homecare
Independent Living

Here for you

| KM | | Miles | | Route | | | Schedule | | |
|------------|------------|-----------|---|------------------------|----------------------|--------------|--------------|--------------|--|
| From Start | From Start | To Finish | Description | Feature | Instruction | 25 mph | 27 mph | 30 mph | |
| 0.0 | 0.0 | | Dir. Town Centre, Rathfriland Road B10 | Left | Left | 11:45 | 11:45 | 11:45 | |
| 0.0 | 0.0 | | Dir. Town Centre, Kenlis Street | Roundabout | 1st Exit | | | | |
| 0.3 | 0.2 | | Dir. Town Centre, Newry Rd A26. | Roundabout | 3rd Exit | | | | |
| 0.6 | 0.4 | | Newry St. A26 . 'The Cut', Stay to right under bridge | Bridge | Stay Right | | | | |
| 1.0 | 0.6 | | Bridge Street A26 | Traffic Lights | Straight | | | | |
| 1.0 | 0.6 | | Church Square A26 | Traffic Lights | Straight | | | | |
| 1.1 | 0.7 | | Dir Lurgan, Church Street A26 | Traffic Lights | Left | | | | |
| 3.5 | 2.2 | | Race Start, Lurgan Road A26, Derestriction Signs | | | | | | |
| 0.0 | 0.0 | 111.8 | Race Start, Lurgan Road A26, Derestriction Signs | RACE START | Rolling Start | 12:00 | 12:00 | 12:00 | |
| 1.1 | 0.7 | 111.1 | Dir Lurgan, Tullyraine Road A26 | Roundabout | 2nd Exit | 12:01 | 12:01 | 12:01 | |
| 4.5 | 2.8 | 109.0 | Dir. Donaghcloney, Moygannon Road B9 | Right | Right | 12:06 | 12:06 | 12:05 | |
| 6.0 | 3.7 | 108.1 | Donaghcloney | Speed Bumps | Caution | 12:08 | 12:08 | 12:07 | |
| 10.0 | 6.2 | 105.6 | Dir Lurgan, Dromore Road B2 | T Junction | Left | 12:14 | 12:13 | 12:12 | |
| 10.1 | 6.3 | 105.5 | Dir Magheralin, New Forge Road B9 | Right | Right | 12:15 | 12:14 | 12:12 | |
| 11.9 | 7.4 | 104.4 | Narrow Bridge | Traffic Lights | Straight | 12:17 | 12:16 | 12:14 | |
| 12.2 | 7.6 | 104.2 | Magheralin | Traffic Islands | | 12:18 | 12:16 | 12:15 | |
| 12.9 | 8.0 | 103.8 | Dir Moira, Belfast Road A3 | T Junction | Right | 12:19 | 12:17 | 12:16 | |
| 14.6 | 9.1 | 102.7 | Moira | Traffic Islands | | 12:21 | 12:20 | 12:18 | |
| 15.1 | 9.4 | 102.4 | Dir Belfast, Glenavy Road | Roundabout | 2nd Exit | 12:22 | 12:20 | 12:18 | |
| 15.6 | 9.7 | 102.1 | Moira | Traffic Lights | Straight | 12:23 | 12:21 | 12:19 | |
| 16.7 | 10.4 | 101.4 | Dir International Airport, Glenavy Road A26 | Roundabout | 2nd Exit | 12:24 | 12:23 | 12:20 | |
| 17.9 | 11.1 | 100.7 | KOH Start - Sign for Moira Train Station | KOH Maghaberry | Start | 12:26 | 12:24 | 12:22 | |
| 19.6 | 12.2 | 99.7 | 200m to KOH Finish | | | 12:29 | 12:27 | 12:24 | |
| 19.8 | 12.3 | 99.5 | KOH 1 - Finish - Sign for Maghaberry Prison | Top of the Hill | KOH - Cat 3 | 12:29 | 12:27 | 12:24 | |
| 35.6 | 22.1 | 89.7 | Dir Loanends, Long Rig Road | Roundabout | 3rd Exit | 12:53 | 12:49 | 12:44 | |
| 38.5 | 23.9 | 87.9 | Poor Road Surface | | Caution | 12:57 | 12:53 | 12:47 | |
| 39.8 | 24.7 | 87.1 | Dir Loanends, Seven Mile Straight B39 | T Junction | Left | 12:59 | 12:54 | 12:49 | |
| 40.4 | 25.1 | 86.7 | Loanends | | | 13:00 | 12:55 | 12:50 | |
| 47.6 | 29.6 | 82.2 | Dir Antrim, Oldstone Road A26 | T Junction | Right | 13:11 | 13:05 | 12:59 | |
| 48.0 | 29.8 | 82.0 | Dir Antrim, Belfast Road A26 | T Junction | Left | 13:11 | 13:06 | 12:59 | |
| 48.0 | 29.8 | 82.0 | Antrim | | | 13:11 | 13:06 | 12:59 | |
| 48.3 | 30.0 | 81.8 | Dir Ballymena, Belmont Road A26 | Roundabout | 2nd Exit | 13:12 | 13:06 | 13:00 | |
| 49.9 | 31.0 | 80.8 | Dir Ballymena, Dublin Road A6 | Roundabout | 2nd Exit | 13:14 | 13:08 | 13:02 | |
| 50.0 | 31.1 | 80.8 | Feeding Start | | | 13:14 | 13:09 | 13:02 | |
| 50.9 | 31.6 | 80.2 | | Traffic Lights | Straight | 13:15 | 13:10 | 13:03 | |
| 51.2 | 31.8 | 80.0 | Dir Randlestown, Randlestown Road A6 | Roundabout | 1st Exit | 13:16 | 13:10 | 13:03 | |
| 56.6 | 35.2 | 76.6 | Dir Randlestown, Castle Road A6 | Roundabout | 2nd Exit | 13:24 | 13:18 | 13:10 | |
| 57.3 | 35.6 | 76.2 | Randalstown | | | 13:25 | 13:19 | 13:11 | |
| 58.6 | 36.4 | 75.4 | Dir Portglenone, Main Street B52 | Roundabout | 2nd Exit | 13:27 | 13:20 | 13:12 | |
| 60.0 | 37.3 | 74.5 | KOH Start - De-restriction Sign | KOH Roguery | Start | 13:29 | 13:22 | 13:14 | |
| 63.7 | 39.6 | 72.2 | 200m to KOH Finish | | | 13:35 | 13:28 | 13:19 | |
| 63.9 | 39.7 | 72.1 | KOH 2 - Finish | Top of the Hill | KOH - Cat 3 | 13:35 | 13:28 | 13:19 | |
| 64.1 | 39.8 | 72.0 | Dir Toome, Roguery Road B18 | Left | Left | 13:35 | 13:28 | 13:19 | |
| 67.6 | 42.0 | 69.8 | Moneyglass | | | 13:40 | 13:33 | 13:24 | |
| 70.8 | 44.0 | 67.8 | Dir Toome, Roguery Road B18 | Roundabout | 2nd Exit | 13:45 | 13:37 | 13:28 | |
| 71.0 | 44.1 | 67.7 | Toome | | | 13:45 | 13:38 | 13:28 | |
| 71.5 | 44.4 | 67.4 | Dir Magherafelt, B18 (Toome House) | Roundabout | 2nd Exit | 13:46 | 13:38 | 13:28 | |
| 71.8 | 44.6 | 67.2 | Dir Ballyronan, Creagh Road B18 | Left | Left | 13:47 | 13:39 | 13:29 | |
| 75.0 | 46.6 | 65.2 | Dir Magherafelt, Aughrim Road B18 | Left | Left | 13:51 | 13:43 | 13:33 | |
| 75.8 | 47.1 | 64.7 | Dir Ballyronan, Ballyronan Road B18 | Left | Left | 13:53 | 13:44 | 13:34 | |
| 80.8 | 50.2 | 61.6 | Ballyronan | | | 14:00 | 13:51 | 13:40 | |

| KM | Miles | | Route | | | Schedule | | | |
|-------|------------|------------|-----------|---|------------------|-------------|--------|--------|--------|
| | From Start | From Start | To Finish | Description | Feature | Instruction | 25 mph | 27 mph | 30 mph |
| 84.5 | 52.5 | 59.3 | | Ballylifford | | | 14:06 | 13:56 | 13:45 |
| 87.1 | 54.1 | 57.7 | | Ballinderry | | | 14:09 | 14:00 | 13:48 |
| 90.4 | 56.2 | 55.6 | | Coagh | | | 14:14 | 14:04 | 13:52 |
| 90.9 | 56.5 | 55.3 | | Dir Stewartstown, Urbal Road B160 | Roundabout | 2nd Exit | 14:15 | 14:05 | 13:53 |
| 91.6 | 56.9 | 54.9 | | Bad Road Surface | | Caution | 14:16 | 14:06 | 13:53 |
| 91.9 | 57.1 | 54.7 | | Narrow Bridge | Sharp Right | Caution | 14:17 | 14:06 | 13:54 |
| 94.8 | 58.9 | 52.9 | | Caution: Sharp Left | Sharp Left | Caution | 14:21 | 14:10 | 13:57 |
| 99.9 | 62.1 | 49.7 | | KOH Start - Annaghone Road on right hand side | KOH Stewartstown | Start | 14:29 | 14:18 | 14:04 |
| 100.3 | 62.3 | 49.5 | | Stewartstown | Speed Bumps | | 14:29 | 14:18 | 14:04 |
| 100.3 | 62.3 | 49.5 | | 200m to KOH Finish | | | 14:29 | 14:18 | 14:04 |
| 100.6 | 62.5 | 49.3 | | KOH 3 - Finish - Traffic Light Sign / Pluckmill | Top of the Hill | KOH - Cat 3 | 14:30 | 14:18 | 14:05 |
| 101.2 | 62.9 | 48.9 | | Caution: Keep Left | Keep Left | Caution | 14:30 | 14:19 | 14:05 |
| 104.0 | 64.6 | 47.2 | | Clonee | | | 14:35 | 14:23 | 14:09 |
| 104.1 | 64.7 | 47.1 | | Dir Belfast M1, Moor Road B520 | Roundabout | 2nd Exit | 14:35 | 14:23 | 14:09 |
| 107.8 | 67.0 | 44.8 | | Dir Belfast M1, Ballynakilly Road A45 | T Junction | Left | 14:40 | 14:28 | 14:14 |
| 110.4 | 68.6 | 43.2 | | Dir Moy, Tamnamore Road B106 | Roundabout | 3rd Exit | 14:44 | 14:32 | 14:17 |
| 110.7 | 68.8 | 43.0 | | Dir Craigavon, Tamnamore Road B196 | T Junction | Left | 14:45 | 14:32 | 14:17 |
| 111.7 | 69.4 | 42.4 | | Narrow Bridge | Traffic Lights | Straight | 14:46 | 14:34 | 14:18 |
| 116.2 | 72.2 | 39.6 | | Maghery | | | 14:53 | 14:40 | 14:24 |
| 117.2 | 72.8 | 39.0 | | Caution: Keep Right | Keep Right | Caution | 14:54 | 14:41 | 14:25 |
| 119.1 | 74.0 | 37.8 | | Dir Portadown, Clonmakate Road B196 | Right | Right | 14:57 | 14:44 | 14:28 |
| 120.4 | 74.8 | 37.0 | | The Birches | | | 14:59 | 14:46 | 14:29 |
| 120.9 | 75.1 | 36.7 | | Caution: Keep Left | Keep Left | Caution | 15:00 | 14:46 | 14:30 |
| 121.5 | 75.5 | 36.3 | | Dir Portadown, Dungannon Road A4 | Roundabout | 2nd Exit | 15:01 | 14:47 | 14:31 |
| 128.6 | 79.9 | 31.9 | | Portadown | Traffic Islands | | 15:11 | 14:57 | 14:39 |
| 128.9 | 80.1 | 31.7 | | Dir Town Centre via Northway, Corcraan Road A4 | Roundabout | 2nd Exit | 15:12 | 14:58 | 14:40 |
| 129.9 | 80.7 | 31.1 | | Dir Army Reserve Centre, Charles Street | Speed Bumps | Right | 15:13 | 14:59 | 14:41 |
| 130.4 | 81.0 | 30.8 | | Dir Craigavon Centre, Bownstown Road B78 | Roundabout | 2nd Exit | 15:14 | 15:00 | 14:42 |
| 131.5 | 81.7 | 30.1 | | Dir Armagh, Armagh Road A27 | Traffic Lights | Right | 15:16 | 15:01 | 14:43 |
| 131.5 | 81.7 | 30.1 | | Dir Tandragee, Mahon Road A27 | Traffic Lights | Left | 15:16 | 15:01 | 14:43 |
| 135.8 | 84.4 | 27.4 | | Dir Tandragee, Portadown Road A27 | Roundabout | 2nd Exit | 15:22 | 15:07 | 14:48 |
| 138.1 | 85.8 | 26.0 | | Tandragee | Traffic Islands | | 15:25 | 15:10 | 14:51 |
| 138.6 | 86.1 | 25.7 | | Dir Newry, Church Street A27 | Roundabout | 2nd Exit | 15:26 | 15:11 | 14:52 |
| 139.4 | 86.6 | 25.2 | | Dir Newry, Scarva Road A27 | Roundabout | 1st Exit | 15:27 | 15:12 | 14:53 |
| 142.7 | 88.7 | 23.1 | | Dir Scarva, Station Road B10 | Left | Left | 15:32 | 15:17 | 14:57 |
| 143.1 | 88.9 | 22.9 | | Scarva | | | 15:33 | 15:17 | 14:57 |
| 143.4 | 89.1 | 22.7 | | Dir Loughbrickland, Legananny Road B3 | T Junction | Right | 15:33 | 15:18 | 14:58 |
| 144.5 | 89.8 | 22.0 | | Caution: Keep Left | Keep Left | Caution | 15:35 | 15:19 | 14:59 |
| 147.7 | 91.8 | 20.0 | | Loughbrickland | Traffic Islands | | 15:40 | 15:24 | 15:03 |
| 148.4 | 92.2 | 19.6 | | Dir Rathfriland, Main Street B3 | T Junction | Right | 15:41 | 15:24 | 15:04 |
| 148.7 | 92.4 | 19.4 | | Dir Rathfriland, B3 | Left | Left | 15:41 | 15:25 | 15:04 |
| 148.9 | 92.5 | 19.3 | | Dir Rathfriland, Grovehill Road B3 | T Junction | Left | 15:42 | 15:25 | 15:05 |
| 160.0 | 99.4 | 12.4 | | Feeding Finish | | | 15:58 | 15:40 | 15:18 |
| 160.0 | 99.4 | 12.4 | | 20km to go | | | 15:58 | 15:40 | 15:18 |
| 160.9 | 100.0 | 11.8 | | KOH Start - Lissize Road on Left | KOH Rathfriland | Start | 16:00 | 15:42 | 15:20 |
| 161.6 | 100.4 | 11.4 | | Rathfriland | Speed Bumps | | 16:00 | 15:43 | 15:20 |
| 161.7 | 100.5 | 11.3 | | Caution: Keep Left | Keep Left | Caution | 16:01 | 15:43 | 15:21 |
| 162.5 | 101.0 | 10.8 | | KOH 4 - Finish - TJ's Take Away | Top of the Hill | KOH - Cat 2 | 16:02 | 15:44 | 15:22 |
| 162.5 | 101.0 | 10.8 | | Dir Banbridge, Dromore Street B10 | Left | Left | 16:02 | 15:44 | 15:22 |
| 165.6 | 102.9 | 8.9 | | Caution: Sharp Right | Sharp Right | Caution | 16:06 | 15:48 | 15:25 |
| 169.9 | 105.6 | 6.2 | | 10km to go | | | 16:13 | 15:54 | 15:31 |
| 170.4 | 105.9 | 5.9 | | Annaclone | Speed Bumps | | 16:14 | 15:55 | 15:31 |
| 174.9 | 108.7 | 3.1 | | 5km to go | | | 16:20 | 16:01 | 15:37 |
| 177.2 | 110.1 | 1.7 | | Banbridge | | | 16:24 | 16:04 | 15:40 |
| 177.8 | 110.5 | 1.3 | | Caution: Traffic Islands | Traffic Islands | Caution | 16:25 | 16:05 | 15:41 |
| 178.0 | 110.6 | 1.2 | | Dir. Town Centre. Kenlis Street | Roundabout | 1st Exit | 16:25 | 16:05 | 15:41 |
| 178.5 | 110.9 | 0.9 | | Dir. Newry. Newry Rd A26. | Roundabout | 1st Exit | 16:26 | 16:06 | 15:41 |
| 178.5 | 110.9 | 0.9 | | Caution: Traffic Island | Traffic Island | Caution | 16:26 | 16:06 | 15:41 |
| 178.9 | 111.2 | 0.6 | | 1km to go | | | 16:26 | 16:07 | 15:42 |
| 179.9 | 111.8 | 0.0 | | Newry Road, Banbridge | Finish Line | Finish | 16:28 | 16:08 | 15:43 |