

Victus Tour of Ulster Stage 2 : Sunday 5th May 2019 10.00am

Event HQ: Banbridge RFC, Rifle Park, Arderys Lane, Banbridge, Co.Down, BT32 3RH

Route Summary: 95.8 miles/154.2 Km. KOH: Cat 3 x 2, Cat 2 x 2 & Cat 1 x 3



Sign On: 08:45 AM - 09:30AM


Depart: 09:45 AM



## BICYCLECOFFEESHOP

KM		Miles		Route			Schedule		
From Start	From Start	To Finish	Description	Feature	Instruction	25 mph	27 mph	30 mph	
0.0	0.0		Dir. Town Centre, Arderys Lane	Straight	Straight	09:45	09:45	09:45	
0.3	0.2		Dir. Town Centre, Newry Rd A26	T-Junction	Right				
0.6	0.4		Dir. Town Centre, Newry Rd A26.	Roundabout	2nd Exit				
1.0	0.7		Newry St. A26 . 'The Cut', Stay to right under bridge	Bridge	Stay Right				
1.3	0.8		Bridge Street A26	Traffic Lights	Straight				
1.3	0.8		Church Square A26	Traffic Lights	Straight				
1.4	0.9		Dir Lurgan, Church Street A26	Traffic Lights	Left				
3.9	2.4		Race Start, Lurgan Road A26, Derestrication Signs						
<b>0.0</b>	<b>0.0</b>	<b>95.8</b>	<b>Race Start, Lurgan Road A26, Derestrication Signs</b>	<b>RACE START</b>	<b>Rolling Start</b>	<b>10:00</b>	<b>10:00</b>	<b>10:00</b>	
1.3	0.8	95.0	Dir Lurgan, Tullyraine Road A26	Roundabout	2nd Exit	10:01	10:01	10:01	
4.5	2.8	93.0	Dir. Donaghcloney, Moygannon Road B9	Right	Right	10:06	10:06	10:05	
6.8	4.2	91.6	Dir Blackskull, Donaghcloney Road	Right	Right	10:10	10:09	10:08	
6.9	4.3	91.5	Dir. Dromore, Blackskull Road	X-Roads	Left	10:10	10:09	10:08	
9.7	6.0	89.8	Dir. Dromore. Dromore Road B2	T-Junction	Right	10:14	10:13	10:12	
<b>14.3</b>	<b>8.9</b>	<b>86.9</b>	<b>Dromore</b>			<b>10:21</b>	<b>10:19</b>	<b>10:17</b>	
15.6	9.7	86.1	Dir. Town Centre, Church Street B2	Roundabout	1st Exit	10:23	10:21	10:19	
15.8	9.8	86.0	Town Centre, Follow road left.	Sharp bend	Left	10:23	10:21	10:19	
15.9	9.9	85.9	Dir. Ballynahinch, Mossvale Road B2	Right	Right	10:23	10:22	10:19	
16.6	10.3	85.5	Traffic Island	<b>Traffic Island</b>	<b>Caution</b>	10:24	10:22	10:20	
22.9	14.2	81.6	Magheraconluce Road	X-Roads	Left	10:34	10:31	10:28	
23.0	14.3	81.5	Magheraconluce Road	X-Roads	Straight	10:34	10:31	10:28	
25.3	15.7	80.1	Caution: Tight bends at speed	<b>Tight Bends</b>	<b>Caution</b>	10:37	10:34	10:31	
<b>26.9</b>	<b>16.7</b>	<b>79.1</b>	<b>Annahilt</b>	<b>Village</b>		<b>10:40</b>	<b>10:37</b>	<b>10:33</b>	
27.4	17.0	78.8	Dir. Dromore, Dromore Road B2	T-Junction	Right	10:40	10:37	10:34	
30.0	18.7	77.2	Feeding Start			10:44	10:41	10:37	
32.8	20.4	75.4	Dir. Ballynahinch, The Brae, Riverside Road	X-Roads	Right	10:48	10:45	10:40	
<b>34.1</b>	<b>21.2</b>	<b>74.6</b>	<b>Ballynahinch</b>			<b>10:50</b>	<b>10:47</b>	<b>10:42</b>	
34.8	21.6	74.2	Dir. Ballynahinch, Dromore Road B7.	T-Junction	Left	10:51	10:48	10:43	
35.1	21.8	74.0	Dir. Spa, Grove Road	Righth	Right	10:52	10:48	10:43	
<b>35.1</b>	<b>21.8</b>	<b>74.0</b>	<b>KOH Start - Grove Road</b>	<b>KOH Grove Hill</b>	<b>Start</b>	<b>10:52</b>	<b>10:48</b>	<b>10:43</b>	
36.0	22.4	73.4	200m to go			10:53	10:49	10:44	
<b>35.9</b>	<b>22.3</b>	<b>73.5</b>	<b>KOH 1 - Finish - Spa Golf Course</b>	<b>Top of the Hill</b>	<b>KOH - Cat 3</b>	<b>10:53</b>	<b>10:49</b>	<b>10:44</b>	
<b>38.1</b>	<b>23.7</b>	<b>72.1</b>	<b>Spa</b>			<b>10:56</b>	<b>10:52</b>	<b>10:47</b>	
38.5	23.9	71.9	Dir. Castlewellan, Dunmore Road B175	X-Roads	Straight	10:57	10:53	10:47	
38.5	23.9	71.9	Caution: Exit X-roads on wrong side of road		<b>Caution</b>	10:57	10:53	10:47	
40.4	25.1	70.7	Dir. Castlewellan, Edendarriff Road	Bend	Continue Left	11:00	10:55	10:50	
42.8	26.6	69.2	Dir. Castlewellan, Drumaroad Hill	Staggered X-Roads	Right	11:03	10:59	10:53	
43.8	27.2	68.6	Dir. Castlewellan, Ballynahinch Road B175	Left	Left	11:05	11:00	10:54	
46.7	29.0	66.8	Dir. Castlewellan, Drumnaquoile Road B175	T-Junction	Right	11:09	11:04	10:58	
47.2	29.3	66.5	Dir. Castlewellan, Ballylough Road B175	Left	Left	11:10	11:05	10:58	
50.1	31.1	64.7	Clonvaraghan Road	Right	Right	11:14	11:09	11:02	
50.1	31.1	64.7	Clonvaraghan Road	T-Junction	Right	11:14	11:09	11:02	
<b>51.0</b>	<b>31.7</b>	<b>64.1</b>	<b>Clonvaraghan</b>			<b>11:16</b>	<b>11:10</b>	<b>11:03</b>	
<b>52.3</b>	<b>32.5</b>	<b>63.3</b>	<b>KOH Start - Old white two storey house on right</b>	<b>KOH Sleive Croob</b>	<b>Start</b>	<b>11:18</b>	<b>11:12</b>	<b>11:05</b>	
58.3	36.2	59.6	200m to go			11:26	11:20	11:12	
<b>58.4</b>	<b>36.3</b>	<b>59.5</b>	<b>KOH 2 - Finish - Gateway on left</b>	<b>Top of the Hill</b>	<b>KOH - Cat 1</b>	<b>11:27</b>	<b>11:20</b>	<b>11:12</b>	
61.2	38.0	57.8	Dir. Rathfriland, Rathfriland Road B7	X-Roads	Left	11:31	11:24	11:16	
<b>62.0</b>	<b>38.5</b>	<b>57.3</b>	<b>KOH Start - White house on left</b>	<b>KOH Boiling Well</b>	<b>Start</b>	<b>11:32</b>	<b>11:25</b>	<b>11:17</b>	
63.6	39.6	56.3	200m to go			11:34	11:27	11:19	
<b>63.9</b>	<b>39.7</b>	<b>56.1</b>	<b>KOH 3 - Finish - Walled house on the right</b>	<b>Top of the Hill</b>	<b>KOH - Cat 2</b>	<b>11:35</b>	<b>11:28</b>	<b>11:19</b>	
67.8	42.1	53.7	Caution: Fast Descent	Descent	Caution	11:41	11:33	11:24	
67.9	42.2	53.6	Moneyslane			11:41	11:33	11:24	

KM	Miles		Route			Schedule		
	From Start	To Finish	Description	Feature	Instruction	25 mph	27 mph	30 mph
68.6	42.6	53.2	Dir. Rathfriland, Dromara Road B7	Staggered X-Roads	Straight On	11:42	11:34	11:25
<b>75.6</b>	<b>47.0</b>	<b>48.8</b>	<b>KOH Start - Welcome to Rathfriland sign</b>	<b>KOH Rathfriland</b>	<b>Start</b>	<b>11:52</b>	<b>11:44</b>	<b>11:34</b>
<b>76.0</b>	<b>47.2</b>	<b>48.6</b>	<b>Rathfriland</b>			<b>11:53</b>	<b>11:44</b>	<b>11:34</b>
76.0	47.3	48.6	200m to go			11:53	11:45	11:34
76.1	47.3	48.5	Dir. Village Centre	T-Junction	Left	11:53	11:45	11:34
<b>76.3</b>	<b>47.4</b>	<b>48.4</b>	<b>KOH 4 - Finish - Corner House Fashion</b> ▲	<b>Top of the Hill</b>	<b>KOH - Cat 2</b>	<b>11:53</b>	<b>11:45</b>	<b>11:34</b>
76.4	47.5	48.3	Dir. Hilltown, Main Street A25	X-Roads	Left	11:54	11:45	11:35
76.9	47.8	48.0	Dir. Hilltown, Hilltown Road B25	Right	Right	11:54	11:46	11:35
<b>80.9</b>	<b>50.3</b>	<b>45.5</b>	<b>Hilltown</b>			<b>12:00</b>	<b>11:51</b>	<b>11:40</b>
81.4	50.6	45.2	Dir. Newcastle. B8	T-Junction	Left	12:01	11:52	11:41
82.1	51.0	44.8	Dir. Newcastle, Kilkeel Road B27	Right	Right	12:02	11:53	11:42
<b>84.5</b>	<b>52.5</b>	<b>43.3</b>	<b>KOH Start - E Bradley sign on left</b>	<b>KOH Spelga Dam</b>	<b>Start</b>	<b>12:06</b>	<b>11:56</b>	<b>11:45</b>
87.6	54.5	41.4	200m to go			12:10	12:01	11:48
<b>87.9</b>	<b>54.6</b>	<b>41.2</b>	<b>KOH 5 - Finish - White building on left</b> ▲	<b>Top of the Hill</b>	<b>KOH - Cat 1</b>	<b>12:11</b>	<b>12:01</b>	<b>11:49</b>
89.0	55.3	40.5	Dir. Bryansford.	Left	Left	12:12	12:02	11:50
89.0	55.3	40.5	Dir. Bryansford, Slievenaman Road	T-Junction	Left	12:12	12:02	11:50
91.9	57.1	38.7	Keep right to stay on Slievenaman Rd (at speed)		Keep Right	12:17	12:06	11:54
95.6	59.4	36.4	Dir. Bryansford, Bryansford Road B180	T-Junction	Right	12:22	12:12	11:58
<b>99.1</b>	<b>61.6</b>	<b>34.2</b>	<b>Bryansford</b>			<b>12:27</b>	<b>12:16</b>	<b>12:03</b>
100.3	62.3	33.5	Caution: Steep descent, sharp turns	Descent	Caution	12:29	12:18	12:04
101.2	62.9	32.9	Dir. Castlewellan, Newcastle Road A50	T-Junction	Left	12:30	12:19	12:05
<b>103.6</b>	<b>64.4</b>	<b>31.4</b>	<b>Castlewellan</b>			<b>12:34</b>	<b>12:23</b>	<b>12:08</b>
104.4	64.9	30.9	Dir. Newry, A25	Roundabout	1st Exit	12:35	12:24	12:09
104.8	65.1	30.7	Dir. Banbridge, Bann Road A50	Roundabout	2nd Exit	12:36	12:24	12:10
<b>105.3</b>	<b>65.4</b>	<b>30.4</b>	<b>KOH Start - Bann Road</b>	<b>KOH Leitrim</b>	<b>Start</b>	<b>12:36</b>	<b>12:25</b>	<b>12:10</b>
107.1	66.6	29.3	200m to go			12:39	12:27	12:13
<b>107.3</b>	<b>66.7</b>	<b>29.1</b>	<b>KOH 6 - Finish - Walled house on the left</b> ▲	<b>Top of the Hill</b>	<b>KOH - Cat 3</b>	<b>12:40</b>	<b>12:28</b>	<b>12:13</b>
107.3	66.7	29.1	Dir Leitrim. Leitrim Rd.	Right	Right	12:40	12:28	12:13
108.3	67.3	28.5	Keep right to stay on Slievenaman Road (at speed)		Keep Right	12:41	12:29	12:14
<b>109.9</b>	<b>68.3</b>	<b>27.5</b>	<b>Leitrim</b>			<b>12:43</b>	<b>12:31</b>	<b>12:16</b>
<b>114.4</b>	<b>71.1</b>	<b>24.7</b>	<b>KOH Start - Orange hall on left</b>	<b>KOH Windy Gap</b>	<b>Start</b>	<b>12:50</b>	<b>12:38</b>	<b>12:22</b>
115.3	71.7	24.2	200m to go			12:51	12:39	12:23
<b>115.6</b>	<b>71.8</b>	<b>24.0</b>	<b>KOH 7 - Finish - Car Park</b> ▲	<b>Top of the Hill</b>	<b>KOH - Cat 1</b>	<b>12:52</b>	<b>12:39</b>	<b>12:23</b>
117.8	73.2	22.6	Dir. Dromara, Rathfriland Road B7	X-Roads	Right	12:55	12:42	12:26
119.9	74.5	21.3	Keep right to stay on Rathfriland Road B7		Keep right	12:58	12:45	12:29
<b>121.2</b>	<b>75.3</b>	<b>20.5</b>	<b>Finnis</b>			<b>13:00</b>	<b>12:47</b>	<b>12:30</b>
121.3	75.4	20.4	Caution: Fast descent, sharp turns	Descent	Caution	13:00	12:47	12:30
<b>123.1</b>	<b>76.5</b>	<b>19.3</b>	<b>Dromara</b>			<b>13:03</b>	<b>12:50</b>	<b>12:33</b>
123.6	76.8	19.0	Dir. Banbridge, Dromore Street	Staggered X-Roads	Left	13:04	12:50	12:33
<b>126.8</b>	<b>78.8</b>	<b>17.0</b>	<b>Kinallen</b>	<b>Village</b>		<b>13:09</b>	<b>12:55</b>	<b>12:37</b>
<b>127.3</b>	<b>79.1</b>	<b>16.7</b>	<b>Caution: Potholes on Left both before and after Town</b>		<b>Caution</b>	<b>13:09</b>	<b>12:55</b>	<b>12:38</b>
130.5	81.1	14.7	Dir. Banbridge, Gall Bog Road	X-Roads	Straight On	13:14	13:00	12:42
133.4	82.9	12.9	Dir. Katesbridge, Knockgorm Road B25	X-Roads	Left	13:18	13:04	12:45
<b>134.1</b>	<b>83.4</b>	<b>12.5</b>	<b>Feeding Finish</b>			<b>13:20</b>	<b>13:05</b>	<b>12:46</b>
135.7	84.4	11.5	20km to go			13:22	13:07	12:48
137.4	85.4	10.4	Dir. Katesbridge, Knockgorm Road B25	T-Junction	Left	13:24	13:09	12:50
<b>141.0</b>	<b>87.6</b>	<b>8.2</b>	<b>Katesbridge</b>			<b>13:30</b>	<b>13:14</b>	<b>12:55</b>
141.3	87.8	8.0	Dir. Dir Rathfriland, Manse Road B25	Right	Right	13:30	13:15	12:55
141.5	87.9	7.9	Keep left to stay on B25	Sharp turn	Left	13:30	13:15	12:55
141.9	88.2	7.6	Dir. Banbridge, Ardbrin Road	Right	Right	13:31	13:16	12:56
144.1	89.6	6.3	10km to go			13:34	13:19	12:59
<b>144.5</b>	<b>89.8</b>	<b>6.0</b>	<b>Annacorney</b>			<b>13:35</b>	<b>13:19</b>	<b>12:59</b>
145.8	90.6	5.2	Dir. Banbridge, Glebe Road B10	T-Junction	Right	13:37	13:21	13:01
149.1	92.7	3.2	5km to go			13:42	13:25	13:05
<b>151.4</b>	<b>94.1</b>	<b>1.7</b>	<b>Banbridge</b>			<b>13:45</b>	<b>13:29</b>	<b>13:08</b>
<b>152.2</b>	<b>94.6</b>	<b>1.2</b>	<b>Caution: Traffic Islands</b>	<b>Traffic Islands</b>	<b>Caution</b>	<b>13:47</b>	<b>13:30</b>	<b>13:09</b>
152.2	94.6	1.2	Dir. Town Centre, Kenlis Street	Roundabout	1st Exit	13:47	13:30	13:09
152.6	94.8	1.0	Dir. Newry. Newry Road A26	Roundabout	1st Exit	13:47	13:30	13:09
<b>152.7</b>	<b>94.9</b>	<b>0.9</b>	<b>Caution: Traffic Island</b>	<b>Traffic Island</b>	<b>Caution</b>	<b>13:47</b>	<b>13:30</b>	<b>13:09</b>
153.1	95.2	0.7	1km to go			13:48	13:31	13:10

KM	Miles		Route			Schedule		
From Start	From Start	To Finish	Description	Feature	Instruction	25 mph	27 mph	30 mph
154.2	95.8	0.0	Newry Road, Banbridge 	Finish Line	Finish	13:49	13:32	13:11