

Victus Tour of Ulster Stage 3 : Monday 6th May 2019 10.00am

Event HQ: Banbridge RFC, Rifle Park, Arderys Lane, Banbridge, Co.Down, BT32 3RH

Route Summary: 71.7 miles/115.4 Km. KOH: Cat 3 x 6

Sign On: 08:45 AM - 09:30AM

Depart: 09:45 AM

## BICYCLECOFFEESHOP



KM		Miles		Route			Schedule		
From Start	From Start	To Finish	Description	Feature	Instruction	25 mph	27 mph	30 mph	
0.0	0.0		Dir. Town Centre, Arderys Lane	Straight	Straight	09:50	09:50	09:50	
0.3	0.2		Dir. Town Centre, Newry Rd A26	T-Junction	Left				
1.6	1.0		Tullyear Avenue	Right	Right				
1.9	1.2		Old Newry Road	T-Junction	Left				
2.6	1.6		Ringsend Road	Right	Right				
2.9	1.8		Race Start, Top of the hill, white house on the right						
0.0	0.0	71.7	<b>Race Start, Top of the hill, white house on the right</b>	<b>RACE START</b>	<b>Rolling Start</b>	<b>10:00</b>	<b>10:00</b>	<b>10:00</b>	
0.5	0.3	71.4	Dir. Loughbrickland, Ballygowan Road	Crossroads	Left	10:00	10:00	10:00	
1.0	0.6	71.1	Dir. Loughbrickland, Coolnacran Road	Left	Left	10:01	10:01	10:01	
2.7	1.7	70.0	Dir. Loughbrickland, Legananny Road B3	T-Junction	Left	10:04	10:03	10:03	
<b>2.9</b>	<b>1.8</b>	<b>69.9</b>	<b>Loughbrickland</b>			<b>10:04</b>	<b>10:04</b>	<b>10:03</b>	
3.2	2.0	69.7	Dir. A1, Main Street B3	T-Junction	Right	10:04	10:04	10:04	
3.9	2.4	69.3	Dir. Rathfriland B3	Left	Left	10:05	10:05	10:04	
4.2	2.6	69.1	Dir. Rathfriland, Grovehill Road B3	T-Junction	Left	10:06	10:05	10:05	
5.0	3.1	68.6	Dir. Banbridge, Ballynanny Road	Left	Left	10:07	10:06	10:06	
8.0	5.0	66.7	Dir. Banbridge, Bague Road	Left	Left	10:12	10:11	10:10	
9.3	5.8	65.9	Dir. Banbridge, Rathfriland Road B10	T-Junction	Left	10:13	10:12	10:11	
<b>12.1</b>	<b>7.5</b>	<b>64.2</b>	<b>Banbridge</b>			10:18	10:16	10:15	
12.9	8.0	63.7	Caution: Traffic Islands	<b>Traffic Islands</b>	<b>Caution</b>	10:19	10:17	10:16	
12.9	8.0	63.7	Dir. Town Centre, Rathfriland Road B10	Roundabout	2nd Exit	10:19	10:17	10:16	
13.4	8.3	63.4	Dir. Town Centre, A26	Crossroads	Left	10:19	10:18	10:16	
13.7	8.5	63.2	Dir. Newry, Newry Rd A26	Roundabout	2nd Exit	10:20	10:18	10:17	
<b>13.7</b>	<b>8.5</b>	<b>63.2</b>	<b>Newry Road Roundabout</b>	<b>KOH Newry Road</b>	<b>Start</b>	<b>10:20</b>	<b>10:18</b>	<b>10:17</b>	
13.8	8.6	63.1	Caution: Traffic Island	Traffic Island	Caution	10:20	10:19	10:17	
15.9	9.9	61.8	Newry Road	Lap 1 Finish	Banbridge	10:23	10:22	10:19	
<b>15.9</b>	<b>9.9</b>	<b>61.8</b>	<b>KOH 1 - Finish - Finish Line</b>	<b>Top of the Hill</b>	<b>KOH - Cat 3</b>	<b>10:23</b>	<b>10:22</b>	<b>10:19</b>	
32.5	20.2	51.5	Newry Road	Lap 2 Finish	Banbridge	10:48	10:44	10:40	
<b>32.5</b>	<b>20.2</b>	<b>51.5</b>	<b>KOH 2 - Finish - Finish Line</b>	<b>Top of the Hill</b>	<b>KOH - Cat 3</b>	<b>10:48</b>	<b>10:44</b>	<b>10:40</b>	
49.1	30.5	41.2	Newry Road	Lap 3 Finish	Banbridge	11:13	11:07	11:01	
<b>49.1</b>	<b>30.5</b>	<b>41.2</b>	<b>KOH 3 - Finish - Finish Line</b>	<b>Top of the Hill</b>	<b>KOH - Cat 3</b>	<b>11:13</b>	<b>11:07</b>	<b>11:01</b>	
65.7	40.8	30.9	Newry Road	Lap 4 Finish	Banbridge	11:37	11:30	11:21	
<b>65.7</b>	<b>40.8</b>	<b>30.9</b>	<b>KOH 4 - Finish - Finish Line</b>	<b>Top of the Hill</b>	<b>KOH - Cat 3</b>	<b>11:37</b>	<b>11:30</b>	<b>11:21</b>	
82.2	51.1	20.6	Newry Road	Lap 5 Finish	Banbridge	12:02	11:53	11:42	
<b>82.2</b>	<b>51.1</b>	<b>20.6</b>	<b>KOH 5 - Finish - Finish Line</b>	<b>Top of the Hill</b>	<b>KOH - Cat 3</b>	<b>12:02</b>	<b>11:53</b>	<b>11:42</b>	
98.8	61.4	10.3	Newry Road	Lap 6 Finish	Banbridge	12:27	12:16	12:02	
<b>98.8</b>	<b>61.4</b>	<b>10.3</b>	<b>KOH 6 - Finish - Finish Line</b>	<b>Top of the Hill</b>	<b>KOH - Cat 3</b>	<b>12:27</b>	<b>12:16</b>	<b>12:02</b>	
115.4	71.7	0.0	Newry Road, Banbridge	Finish Line	Finish	12:52	12:39	12:23	